



LEAVE NO TRACE MASTER EDUCATOR COURSE BACKPACKING/CANOEING



PROVIDED BY WEA AFFILIATE GREEN EARTH OUTDOORS
HOOSIER NATIONAL FOREST, INDIANA
Indian/Celina Lakes Recreation Area
MAY 11-15, 2011

COURSE REGISTRATION INSTRUCTIONS AND INFORMATION

Thank you for your interest in GREEN EARTH OUTDOORS Leave No Trace Master Educator course. This packet carefully outlines the information and required documentation for the course. Please read the following information carefully and promptly return the following forms to the address below (keep the rest for your files):

- Leave No Trace Master Course Application (if not already submitted)
- Deposit or full payment made out to: GREEN EARTH OUTDOORS
- Medical History/Emergency Contact/Consent Form
- GREEN EARTH OUTDOORS Participant Terms and Conditions, Assumption of Risks and Liability Release
- The Leave No Trace Center for Outdoor Ethics Course Participant Acknowledgement, Assumption of Risks, Release and Indemnity Agreement

Send forms with payment to:

GREEN EARTH OUTDOORS
Attn: LNT Master Educator Course
P.O. Box 1117
Louisville, KY 40201

For questions, inquiries or to request any of the above listed forms, please email customerservice@greeneearthoutdoors.com or call 502-475-7445.

PARTICIPANT ELIGIBILITY

Participants in this Leave No Trace Master Educator course must be in good health and able to walk with a backpack 6-8 miles a day (carrying their personal gear and a portion of group gear and food) and have adequate swimming skills. This course is designed to travel at a leisurely pace to allow time for instruction and presentations, but does require the appropriate level of physical fitness.

Additionally, this course is not designed to teach backcountry living skills. The backcountry portions of this training exist to provide relevance to teaching and practicing of Leave No Trace techniques and methods. Participants coming to the course should be comfortable living in a backcountry setting and be able to provide all their own personal equipment with knowledge of how to use it. If you feel you need some instruction or additional experience in backcountry living skills, please contact us to discuss alternatives available to you.

COURSE FEE

The course fee is \$525 per individual. This fee includes instruction, all food and beverages, group camping equipment/canoes, park and camping fees, shuttles, training equipment, teaching curriculum, handouts, Master Educator lapel pin and patch, some Leave No Trace gear,

a one year membership to Leave No Trace, a comprehensive LNT Training Supply package, and educational support to conduct your own Leave No Trace Trainer Courses.

SCHOLARSHIPS

Partial scholarships may be available through Leave No Trace Center for Outdoor Ethics. To learn more or apply on-line, visit <http://lnt.org/training/mastereducator.php>. You must first be registered in a course to apply for a scholarship.

PAYMENT

A \$200 deposit is required to hold a spot on the course. Full payment is due 30 days before the start of the course (April 11th). Spots on the course not paid in full 30 days prior may be offered to others. Registrations within 30 days of the course start date require full payment at the time of registration. We accept checks by mail or a purchase order from your company or organization. If a purchase order is used, full payment is required within 30 days of registration. Purchase order registrations within 30 days of the course start date must be paid in full 7 days prior to the start of the course.

CANCELLATION/REFUNDS

For cancellations more than 30 days prior to the course start date, fees paid less a \$25 cancellation fee is refundable or transferable. For cancellations within 30 days prior to the start of the course, 50% of the fees are transferable and remainder is forfeited. Any transfers must be made for this same course. Fees are not transferable to other GREEN EARTH OUTDOORS sponsored courses. If a course cancels due to low enrollment or is otherwise cancelled by GREEN EARTH OUTDOORS, fees paid are 100% transferable or refundable. After the start of the course, no refund will be given to a participant leaving the program for any reason.

COURSE INFORMATION

COURSE TIMES

The course begins at 9:00 am Eastern time on Wednesday, May 11, 2011 at the Rickenbaugh House at Indian/Celina Lakes Recreation Area located within Hoosier National Forest. The course will end by 5:00 pm Eastern time on Sunday, May 15, 2011. PLEASE NOTE: The course will run on Eastern Time and not Central Time.

DESCRIPTION

This Master Educator course is five days in length and designed for people who are actively teaching others backcountry skills or providing recreation information to the public. This valuable training is recognized throughout the world by the outdoor industry and land management agencies. The profile of graduates is highly varied from USFS and NPS backcountry rangers to scout leaders, from outdoor retail executives to school teachers, from college outing club members to outfitters and guides. Successful graduates of the Master Educator course have the ability to train others in Leave No Trace skills and ethics, and can offer Leave No Trace Trainer courses (two-day) and Awareness Workshops (one-day or shorter).

The Master Educator Course provides participants with a comprehensive overview of Leave No Trace skills and ethics through practical application in a field-based setting. The first day is spent in a classroom, introducing the course and schedule, providing in-depth information on the overall Leave No Trace program and the Center for Outdoor Ethics, reviewing gear, and packing. The remaining days are spent in the field on short backcountry trips (backpacking and canoeing) learning and practicing the principles of Leave No Trace.

The course is staffed with a minimum of two highly experienced outdoor professionals who are Master Educator Instructors. You will learn Leave No Trace techniques through skits, discussions, and hands-on activities. To practice Leave No Trace teaching strategies in a supportive, educational environment, each participant will teach a short session geared toward minimum impact Leave No Trace concerns.

Every participant on a Master Educator course will receive a one-year membership to Leave No Trace. This membership gives new Master Educators better access to teaching resources, as well as closer contact with the Center for education, training and outreach questions.

This course will include canoeing and/or backpacking a couple of miles each day on unclassified moving water or over moderate terrain and will allow plenty of time to cover course materials, which we will do both during the day and into the evenings. Canoeing will be on calm yet deep water and winds may be prevalent. The hiking features rolling terrain and natural bluffs overlooking creeks and lakes, mixed with the diversity and density of native wildlife and vegetation. The trail can sometimes be rugged and steep. Participants should be in good physical condition and be able to hike with a full pack for 3-5 miles per day. Overnight camps will be in both impacted campsites and backcountry pristine sites.

CURRICULUM

A Leave No Trace Master Educator course emphasizes skills and techniques essential to Leave No Trace minimum impact outdoor ethics and education. Leave No Trace courses do not teach basic travel, camping, or other outdoor skills, nor do they provide outdoor instructor certification.

Core Components for Master Course Curriculum

1. Review of the role of Leave No Trace Master Educator.
2. Discussion and practice of the principles and ethics of Leave No Trace.
3. Discussion of the Leave No Trace Trainer concept and Training Guidelines
4. Overview of recreation ecology and types of resource and social impacts.
5. Discussion of LNT teaching skills and techniques, student learning styles, and development of lesson plans.
6. Development of an LNT action plan.
7. At least one student led teaching exercise by each participant.
8. Focus on interactive and hands-on field experiences.
9. Review of the mission and need for the Leave No Trace program.
10. A historical overview of the LNT program.
11. Discussion of the role, function, and administrative structure of the federal land management agencies' Leave No Trace programs
12. Overview of the role, function, and administrative structure of the Leave No Trace Center for Outdoor Ethics.

TEACHING SESSION

The Leave No Trace Master Educator Course is the foundation of the national Leave No Trace education model. Graduates of the Masters course are expected to teach others, including agency personnel and the public, the principles of Leave No Trace through Awareness Workshops of any length or Leave No Trace Trainer courses of at least 16 hours in duration.

In order to better equip Masters to meet this expectation, each participant will teach at least one class in the field during their Master Course. These classes provide hands-on learning experiences and the chance to practice Leave No Trace teaching strategies in a supportive, educational environment.

Teaching topics will be confirmed within two weeks of your registration with consideration of your choices as noted on your application. You will be assigned to teach one of the 7 Leave No Trace principles (or potentially a related topic) to the rest of the group. Your teaching sessions should last about 15 minutes with time afterwards for discussion. We encourage you to use a creative and interactive teaching style (skit, role-play, game, question & answer, etc.) and to avoid a lecture format. Information and resources about teaching topics can be found on the Leave No Trace website, www.LNT.org. See the page on Educational and Teaching Resources We will do our best to provide you with additional teaching references prior to and during the course if needed. Please begin planning and practicing your teaching session weeks before the course begins to allow time to add creative elements to your presentation.

Remember that your class will take place in the backcountry, so you will not have access to audiovisual equipment. However, visual aids utilizing your something packable or from the gear you have with you is encouraged. A good visual aid leaves a strong image and reinforces the topic of discussion.

Each participant will receive constructive feedback from the instructors and other participants at the end of their teaching session. This process is not intended to be intense or stressful, but rather an opportunity to practice teaching Leave No Trace to others in a comfortable environment where you can learn and grow as an educator.

SAFETY AND RISK

Safety is a high priority for all GREEN EARTH OUTDOORS sponsored events. Although procedures and policies have been developed to minimize and manage risk, participants are expected to use common sense and be prudent to reduce risks to allow the event to be as safe and enjoyable as possible. In case of an emergency, the instructors are trained in wilderness first aid, carry first-aid kits and communication devices, and follow emergency protocols. Despite such steps, participants should be aware that there are risks associated with outdoor adventure activities.

Please carefully read and sign the *GREEN EARTH OUTDOORS Participant Terms and Conditions, Assumption of Risks and Liability Release*. Any cost of medical care or evacuation besides initial first-aid provided by our staff, is the sole responsibility of the ill or injured participant. Please contact our office if you have any questions regarding the course format or activities.

MEALS AND DIETARY PREFERENCES

For the duration of the course, meals will be provided as part of the course fee and will feature typical fare for both frontcountry and backcountry trips. Meals begin with lunch on Day 1 of the course and the final meal will be lunch on Day 5. Please note that breakfast on Day 1 of the course and supper on Day 5 of the course will not be provided. If you are traveling in the morning Day 1 and after we dismiss on Day 5, several restaurants are available in nearby Corydon, Indiana.

For the backcountry portions of the course, trail foods by necessity will be a high carbohydrate, high calorie diet. For evening and mornings, beverage choices include coffee, decaf coffee, hot tea (black, green or herbal), or hot cocoa. If you prefer other non-alcoholic beverages or additives to your hot beverages such as cream, lemon, sugar, flavored creamers, you should bring your own.

If you have any food allergies or dietary preferences, please note them on your Course Application as well as your Medical History form. We will do our best to accommodate your needs, but if an individual is allergic to some food products or requires a special diet, some

suitable foods may need to be purchased at home and brought to the course. There is no reduction in the course fees for individuals who bring their own food.

BACKCOUNTRY LIVING

For the backcountry portions of the course, each participant is responsible for helping out, as needed, with everyday camping tasks such as cooking, clean up, equipment set up/packing, water treatment, and other needed chores. Living and working together requires respect, understanding and tolerance and participants are expected to work within the group's dynamics.

WEATHER EXPECTATIONS

The weather in the Ohio River valley is notoriously unpredictable. Autumn typically experiences daytime temperatures in the 40's to 70's, and nighttime temperatures can easily drop below freezing at night. Chances of precipitation are typically less in the fall months, but participants need to be prepared for changing weather patterns and bring appropriate gear and clothing to stay warm and dry. See equipment list elsewhere in this packet.

ALCOHOL AND DRUGS

No alcoholic beverages or controlled substances are permitted during any portions of the course. Violations of this policy will result in immediate expulsion from the course with no fee or tuition reimbursement.

EMERGENCY CONTACT

If you need to be contacted in the event on an emergency, you may be able to receive a call via your mobile phone (please keep silenced during the course) if reception is available. Reception is typically good in all areas where the course will take place. A message can also be left for you at our office which is 502-475-7445. As a third, less reliable option, a message can be left by contacting the Hoosier National Forest Tell City office at (812) 547-7051.

TRANSPORTATION AND TRAVEL INFORMATION

Indian/Celina Lakes Recreation Area is located three miles South of I-64 on Hwy. 37 S, Exit 79. From Louisville, KY, follow I-64 West, or from Evansville, follow I-64 East, to Tell City/Hwy 37 S, Exit 79. Follow Hwy 37 South approximately 3 mile to the entrance of Indian/Celina Lakes Recreation Area on your right. Mentioned that you are part of the LNT class and the gate fee will be waived. Proceed on the main road through the park and take the first left towards Celina Lake. Follow this road until it ends at Celina Lake and park in the boat ramp parking lot adjacent to the Rickenbaugh House.

If you are flying into the area, Louisville International Airport (SDF) is about one hour away. Taxi and shuttle service from the airport may be available. If you have any other questions about getting to or from the course, please contact our office at 502-475-7445.

During some portions of the course, participants may be required to travel by personal vehicle to trailheads or campsites. We will arrange carpools or shuttles during the class if required. GREEN EARTH OUTDOORS assumes no responsibility for vehicles left unattended.

There is camping available onsite if you wish to arrive the evening prior. Reservations can be made via the National Reservation System at 1-877-444-6777 or online at www.recreation.gov.

COURSE SCHEDULE (SUBJECT TO CHANGE BASED ON WEATHER OR OTHER CONDITIONS; HOWEVER THIS COURSE RUNS RAIN OR SHINE)

- Day 1-9:00 am Course begins at the Rickenbaugh House. Today is in a classroom setting and will cover the foundation, history and direction of Leave No Trace and include packing for the first backcountry portion. Frontcountry camping overnight. Lunch and supper provided.
- Day 2 Class reconvenes and travel to our launch point where we will paddle to a backcountry site. Activities include canoeing, camp set up and teaching topics. All meals provided.
- Day 3 Break camp, and paddle back to our put-in point. Teaching topics continue. Prepare for second backcountry portion. Begin hiking towards overnight camp.
- Day 4 Pack up and move camp, teaching topics continue. Backcountry camping.
- Day 5 Pack up and complete backcountry portion. Return to the Rickenbaugh House for final course content. Closing luncheon, graduation and departure no later than 5 pm Eastern time. Breakfast and lunch included.

A detailed schedule will be made available at or just prior to the course.

DISCOUNT MERCHANDISE

During the course several outdoor gear products that promote Leave No Trace and other Leave No Trace resources will be offered for sale at discount prices. These products may either be extras of items you will already be provided as part of your course fee, they may be items used during the course for demonstration purposes, or they may be other outdoor essentials that promote Leave No Trace. If you wish to purchase any of these items, we can accept cash, check with ID, or Visa/MC. Most of these items are still available from us after the course, but a deeper discount is given during the course so it is a good time to stock up on LNT essentials.

EQUIPMENT

Certain equipment is provided by the GREEN EARTH OUTDOORS for the use of all participants. This includes tents, flies, ground cloths, cooking stoves, pots, pans, cooking utensils, first aid kits, repair kits, maps, trowels, cleanup supplies, food storage and water purification items. You may bring your own tent if you own one, but we may ask you to share a tent with other participants to minimize the number of tents we use.

On your personal gear, a list is provided below. Keep in mind weather/activity changes when packing clothing for this course. Remember the layering system which includes moisture-wicking base layers, warmth-holding insulating layers and wind/water-proof shell layers. With these layers in various combinations, you can remain warm and dry in most types of weather. GREEN EARTH OUTDOORS has many items available for rent at a 25% discount for course participants if you do not already have them and do not wish to purchase them for the course. These items are noted on the personal equipment list. Advance reservations are recommended.

If you have any questions about equipment, please contact our office at 502-475-7445.



PO Box 1117 • Louisville KY 40201
Phone 502.475.7445 • Fax 502.415.7164

WWW.GREENEARTHOUTDOORS.COM



PERSONAL CLOTHING AND EQUIPMENT LIST- LEAVE NO TRACE MASTER EDUCATOR COURSE

GROUP EQUIPMENT PROVIDED

- Tents w/footprints (3 season, 2 or 3 person)
- Stoves and fuel
- Group first aid kit
- Trowel
- Cleanup materials
- Cooking gear
- Water filter
- Trail maps
- Food Storage
- Canoes/Paddles/PFD's

BACKPACKING EQUIPMENT

- Backpack: large internal frame or external frame (3500- 4500 cu") ▲
- Pack cover - waterproof
- Stuff sacks/ditty bags for packing/organization ▲
- Sleeping bag (rated around 15-20 degrees F) ▲
- Sleeping pad ▲

OUTERWEAR

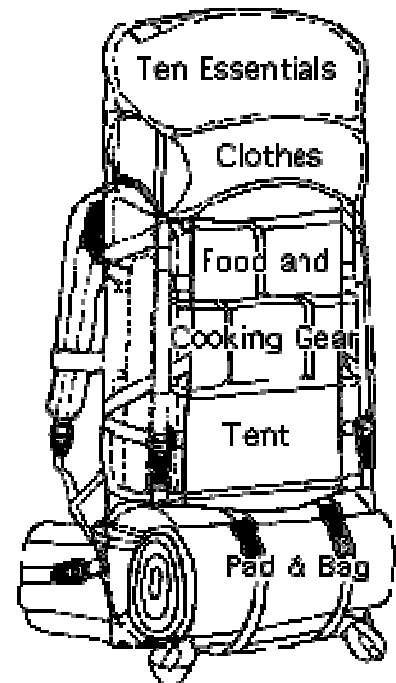
- Rain jacket and pants, lightweight waterproof and breathable *

CLOTHING *

- Hiking pants, quick-drying, lightweight (zip-off legs work great)
- Hiking shorts, quick-drying, lightweight
- 3-4 shirts, short and/or long sleeve (synthetic)
- 3-4 changes of underwear (synthetic)
- Hiking socks, 2 pairs of wool or synthetic
- Sock liners, 2 pairs of synthetic liners (if you use liners) (wear one)
- Midweight fleece jacket or wool sweater
- Mid- or lightweight thermal top and bottom made of synthetic or wool
- Lightweight wool or fleece hat
- Lightweight wool or fleece gloves
- Bandanas
- Trail or knee-length gaiters ▲

FOOTWEAR

- Hiking boots: heavy duty, waterproof, and well broken-in, ankle height
- Camp shoes: comfortable lightweight sneakers, loafers, or sport-type sandals
- Water shoes: comfortable, sturdy, drains water, may be old sneakers or sport-type sandals



OTHER NECESSARY ITEMS

- Two or three 1-liter water bottles or hydration system equivalent *
- Headlamp with spare batteries and bulb if not LED *
- Plastic bowl, spoon, insulated mug with lid
- Sunscreen *
- Lip balm (unscented)
- Toothbrush & small-sized paste
- Pack towel and/or washcloth (or use bandanas)
- Personal first aid kit, small with personal medication *
- Favorite extra energy snacks and drinks *
- Small lighter or matches in waterproof case
- Travel size wet-wipes and/or small bottle of biodegradable soap (if even needed)
- Toilet paper (trowel and small zip lock bags for TP disposal provided)
- Pocket knife or small multi-tool *
- 20-50' of lightweight nylon cord *
- Notebook/journal & pen/pencil
- Presentation materials and visual aids
- Zip lock/plastic bags for keeping gear dry and packing out trash

Optional Gear-keep in mind the extra weight

- Trekking poles (recommended) ^
- Sunglasses and retainer strap
- Packable camp chair ^
- Sun hat with brim
- Insect Repellant
- Watch
- Compass *
- Ear plugs
- Camera
- Field Guides
- Paddling dry top/pants/gloves

Notes: Adjust for the season and personal preferences.
Be sure to allow room in your pack (about 1/3) for a portion of group gear and food.

* Ten Essentials

^ These items are available for rent from GREEN EARTH OUTDOORS.